

Community Happenings @ 9th St. Wellness Center Feb 2 - 7

Written by GBP Staff

Friday, 30 January 2015 12:50 - Last Updated Tuesday, 10 February 2015 16:56



GREEN BAY - The 9th St. Wellness Center has announced the following activities and events for the week of Monday, February 2nd through Saturday, February 7, 2015.

NOW!! Taking orders for our 1st Healthy Recipe Book!! Only \$10 This is a Great Gift for Everyone!!

This cook book is a fundraiser for the children participating in Camp at the 9th St. Farmhouse this summer.

Monday, February 2

9am-9pm Emotion Code Clearing Sessions with Coral Sheedy, \$15 Special Identify and Clear blockages, conscious or unconscious, that are getting in the way of creating the life

that you want. By appointment only call 264-7609.

2-6pm Jin Shin Jyutsu 30min. for \$30 1-hour for \$50 must RSVP Barb. Bernard at 468-3181 A gentle light touch therapy to harmonize body-mind-spirit.

2-6pm Angel Card Reading (New Clients \$20 for 30min.) Reg. \$15/15min. \$30/30min. \$60/60min. call Barb. Bernard to RSVP 468-3181 Find out what your Angels want you to

know

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5:30-7pm FREE Book discussion "Meditation to Heal Your Life by Louise Hay" with Rev. Linda Losey, 983-0713.

7-8pm Bodhi Yuj Meditation Monday, even for those that think not. Develop self-awareness, condition the mind, and integrate all parts into one. Master inner stillness and

become the I of the storm. Empower yourself now! Call Master Shane 349-7773

Tuesday, February 3

9:15 am Kundalini Yoga for Strength ~ Stability ~ Serenity with Rebecca Derenne only \$10 per person GREAT FOR SENIORS to help with balance.

Call 490-9699 and experience for yourself

9-8 pm Cathy Allen LPN, Cert. Reflexologist (New Clients) Feet & Hands 20 min. for \$15
must RSVP

10-12noon Acupressure with Shirley Vanden Elzen. Special Rate! \$45 a hr. must RSVP

2-6pm Private Readings Veronica Young 366-0690 paranormal 15/\$25, 30/\$40, 45/\$50,
60/\$65

6pm Find out about Natural Remedies with Psychic Veronica Young \$35

Wednesday, February 4

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9-12noon Cathy Allen LPN, Cert. Reflexologist (New Clients) Feet & Hands 20 min. for \$15

2-6pm Chair massage 20min. for \$15 with Karen Rude-Pierce

3-6pm \$20-30min. Reiki with Kathy Gass 562-2686

3-6pm Laurie Stimpson, Intuitive Consultant (\$20/30 min. New Clients Only) Reg.
15min/\$20 30min/\$40 and 60min/\$75 call 321-4066

6-8pm EFT Tapping (Emotional Freedom Technique) with Lisa Miller \$8 RSVP to Lisa
655-2065

Thursday, February 5

10am-2pm Stop in or make apt.-Healing Research Institute-Energy Healing Clinic No one is
turned away-Call Master Shane 349-7773

2-6pm Jin Shin Jyutsu 30min. for \$30 1-hour for \$50 must RSVP Barb. Bernard at
468-3181

2-6pm Angel Card Reading (New Clients \$20 for 30min.) Reg. \$15/15min. \$30/30min.
\$60/60min. call Barb Bernard 468-3181

6pm ? Kundalini Yoga-Gong with Rebecca (Gian Jiwan Kaur) \$15 RSVP
Private/Group sessions.

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6:30-7:30pm Committed Individuals Meeting All Welcome, No fee. Re-gain control of your Life! 349-7773

5:30-6:30pm Jin Shin Jyutsu self help with Fatigue- \$8 Call Barb Bernard 468-3181

6:30-8:30pm FREE Healthy Digestion and Why Life Long Vitality with Dr. Lynn Thompson DC.-ND.-HD.-working on doctorates in Integrative/Quantum Medicine from Osseo, WI

RSVP 490-9699

Friday, February 6

9am-9pm Emotion Code Clearing Sessions with Coral Sheedy, \$15 Special Identify and Clear blockages, conscious or unconscious, that are getting in the way of creating the life

that you want. By appointment only call 264-7609.

Saturday, February 7

9am-5pm Private Hypnosis appt's \$50 per session after the 1st session which is no charge
Call Greg Plabelick 664-1520

10:30-12:30pm FREE Intro to Essential Oils with Advanced DIY Workshop presented by Ann McCotter 737-5932