

## Community Happenings @ 9th St. Wellness Center Feb 2 - 7

Written by GBP Staff

Friday, 30 January 2015 12:50 - Last Updated Tuesday, 10 February 2015 16:56

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**GREEN BAY** - The 9th St. Wellness Center has announced the following activities and events for the week of Monday, February 2nd through Saturday, February 7, 2015.

**NOW!!** Taking orders for our 1st Healthy Recipe Book!! Only \$10 This is a Great Gift for Everyone!!

This cook book is a fundraiser for the children participating in Camp at the 9th St. Farmhouse this summer.

Monday, February 2

9am-9pm      Emotion Code Clearing Sessions with Coral Sheedy, \$15 Special Identify and Clear blockages, conscious or unconscious, that are getting in the way of creating the life

that you want. By appointment only call 264-7609.

2-6pm      Jin Shin Jyutsu 30min. for \$30 1-hour for \$50 must RSVP Barb. Bernard at 468-3181 A gentle light touch therapy to harmonize body-mind-spirit.

2-6pm      Angel Card Reading (New Clients \$20 for 30min.) Reg. \$15/15min. \$30/30min. \$60/60min. call Barb. Bernard to RSVP 468-3181 Find out what your Angels want you to

know

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5:30-7pm      FREE Book discussion "Meditation to Heal Your Life by Louise Hay" with Rev. Linda Losey, 983-0713.

7-8pm      Bodhi Yuj Meditation Monday, even for those that think not. Develop self-awareness, condition the mind, and integrate all parts into one. Master inner stillness and

become the I of the storm. Empower yourself now! Call Master Shane 349-7773

Tuesday, February 3

9:15 am      Kundalini Yoga for Strength ~ Stability ~ Serenity with Rebecca Derenne only \$10 per person GREAT FOR SENIORS to help with balance.

Call 490-9699 and experience for yourself

9-8 pm      Cathy Allen LPN, Cert. Reflexologist (New Clients) Feet & Hands 20 min. for \$15  
must RSVP

10-12noon      Acupressure with Shirley Vanden Elzen. Special Rate! \$45 a hr. must RSVP

2-6pm      Private Readings Veronica Young 366-0690 paranormal 15/\$25, 30/\$40, 45/\$50,  
60/\$65

6pm      Find out about Natural Remedies with Psychic Veronica Young \$35

Wednesday, February 4

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9-12noon Cathy Allen LPN, Cert. Reflexologist (New Clients) Feet & Hands 20 min. for \$15

2-6pm Chair massage 20min. for \$15 with Karen Rude-Pierce

3-6pm \$20-30min. Reiki with Kathy Gass 562-2686

3-6pm Laurie Stimpson, Intuitive Consultant (\$20/30 min. New Clients Only) Reg.  
15min/\$20 30min/\$40 and 60min/\$75 call 321-4066

6-8pm EFT Tapping (Emotional Freedom Technique) with Lisa Miller \$8 RSVP to Lisa  
655-2065

Thursday, February 5

10am-2pm Stop in or make apt.-Healing Research Institute-Energy Healing Clinic No one is  
turned away-Call Master Shane 349-7773

2-6pm Jin Shin Jyutsu 30min. for \$30 1-hour for \$50 must RSVP Barb. Bernard at  
468-3181

2-6pm Angel Card Reading (New Clients \$20 for 30min.) Reg. \$15/15min. \$30/30min.  
\$60/60min. call Barb Bernard 468-3181

6pm ? Kundalini Yoga-Gong with Rebecca (Gian Jiwan Kaur) \$15 RSVP  
Private/Group sessions.

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6:30-7:30pm    Committed Individuals Meeting All Welcome, No fee. Re-gain control of your Life! 349-7773

5:30-6:30pm    Jin Shin Jyutsu self help with Fatigue- \$8 Call Barb Bernard 468-3181

6:30-8:30pm    FREE Healthy Digestion and Why Life Long Vitality with Dr. Lynn Thompson DC.-ND.-HD.-working on doctorates in Integrative/Quantum Medicine from Osseo, WI

RSVP 490-9699

Friday, February 6

9am-9pm        Emotion Code Clearing Sessions with Coral Sheedy, \$15 Special Identify and Clear blockages, conscious or unconscious, that are getting in the way of creating the life

that you want. By appointment only call 264-7609.

Saturday, February 7

9am-5pm        Private Hypnosis appt's \$50 per session after the 1st session which is no charge  
Call Greg Plabelick 664-1520

10:30-12:30pm        FREE Intro to Essential Oils with Advanced DIY Workshop presented by Ann McCotter 737-5932