Written by Nafrini Communications LLC, Natasha Lettner Tuesday, 02 April 2024 15:25 -

http://newiprogressive.com/images/stories/S5/technology-workers-s5.jpg



Mark your calendars and get ready to raise a glass to empowerment with Women, Wine, & Tech 5.0 - an event celebrating women in the tech industry and their mental well-being on April 25th, 2024.

Milwaukee, WI – <u>Visionary League</u> is excited to announce the highly anticipated return of Women, Wine, & Tech 5.0 on April 25th, 2024, from 6 PM to 9 PM CDT at 1128 North 9th Street, Milwaukee, WI 53233. This year marks the 5th anniversary of this unique event that celebrates and empowers women in the tech industry through networking, inspirational talks, and fine wine.

Women, Wine & Tech 5.0 is more than just a conversation. It is an opportunity to build a supportive community where women can empower one another through shared experiences and forge lasting connections. Led by the dynamic LaShonda Hill, attendees will gain valuable insights on *mental health* within the tech industry and learn ways to navigate the unique mental health challenges faced in this dynamic field.

The event will feature esteemed panelists, including Tiarra Clayton, Jennifer Ketz, Dr. Tonjia Coverdale, and Johonna Duckworth, who will explore topics such as overcoming mental health challenges and the importance of self-care for a balanced work-life. These influential women will share their experiences and offer attendees valuable advice.

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In addition to the insightful panel discussions, Women, Wine & Tech 5.0 will offer attendees various entertainment and connection opportunities. Musical vibes by DJ Dripsweat and inspirational poetry by Blessing are just some exciting entertainment options. Attendees can also participate in **icebreaking activities**, **Q&A sessions**, and **networking opportunities** to connect with other like-minded women in the tech industry.

The event will offer a curated selection of wines and non-alcoholic mocktails paired with appetizers and desserts. Attendees will also receive a special gift – a wine glass memorabilia – featuring this year's theme. Raffle giveaways from Milwaukee Bucks, Marcus Cinemas, Koss, and Joy's of Eden will also be available.

Women, Wine & Tech 5.0: A Focus On Mental Health Event Timeline:

6:00 PM - 6:30 PM: Music and Networking

Guests will be welcomed by the sounds of DJ Dripsweat, setting the tone for an evening of lively networking.

6:30 PM - 6:50 PM: Icebreaker

The icebreaker activity will allow guests to introduce themselves to one another and get to know their fellow attendees in a fun and engaging way.

6:50 PM - 7:00 PM: Poetry

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Attendees will be treated to a soulful and thought-provoking spoken word performance by Blessing, which will focus on mental health.

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7:00 PM - 8:00 PM: Panel Discussion

The main event of the evening will feature a panel discussion with esteemed speakers from the fields of technology and mental health. The discussion will focus on the challenges and opportunities for women in tech and the importance of mental health and wellness in the workplace.

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8:00 PM - 8:15 PM: Q&A

Following the panel discussion, attendees can ask questions and engage with the speakers, deepening their understanding of the topics.

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8:15 PM - 8:20 PM: Raffle and Gifts Giveaway

Attendees will be able to win exciting prizes through a raffle, with all proceeds going towards mental health charities.

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8:20 PM - 8:30 PM: Spiritual Affirmation

Johanna Duckworth will close the event with a spiritual affirmation, inspiring attendees to reflect on the lessons learned throughout the evening and to carry them forward in their personal and professional lives.

8:30 PM - 9:00 PM: Event Concludes, Music & Final Networking

Guests will have the opportunity to continue networking and mingling over music and drinks, bringing a fitting end to an evening of empowerment, inspiration, and connection.

Women, Wine & Tech 5.0 emphasizes the importance of self-care and well-being, and attendees can connect with various self-care entrepreneurs showcasing their services. This year's event promises to be bigger and better than ever, with generous support from our sponsors, including Associated Bank, National Black MBA Association (Milwaukee Chapter), Koss, and Danni Pose Studios Inc.

This event is a must-attend for seasoned professionals and those just starting their tech journey.

You can take advantage of this chance to celebrate empowerment, connection, and innovation in the tech industry.

For more details and to purchase tickets, please visit <u>Women, Wine & Exemproof Tech: A Focus on Mental Health on Eventbrite</u>.

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Join us as we toast to growth, unity, and empowerment at Women, Wine & Tech 5.0!